



Snow Pond Ballroom Dance Weekend

Friday, October 4th to Sunday, October 6th, 2024
8 Goldenrod Lane in Sidney, Maine 04330
Office: 844-476-6976

Weekend Hosts

Mark Ostermann (603) 327-8878
Laurie Rosa (603) 401-0739

Friday, October 4th

Welcome to the Snow Pond Center for the Arts, your Ballroom Home for the Weekend

Arrivals and Check-Ins 1:00pm-5:00pm

Check-In at Visitor's Center Parking: Main Lot or by your Cabin

Explore the Campus 1:00pm – 5:00pm

Check out the Amphitheater, walk the trails or take a kayak out on the lake.

Social Dancing 2:00pm – 4:00pm Alumni Hall

Warm up your dancing feet! The music will be playing. Drop in and get moving.
Casual Attire/Come as you are.

Dinner 5:30pm – 7:00pm The Lodge

Classic Maine Lobster Dinner and other selections
Cash Bar

Friday Ballroom Dance Party 7:30pm-10:00pm Alumni Hall

Welcome to the Dance Weekend –Meet Sam and Marjorie, your dance hosts and weekend instructors.

Waltz Mixer

Ballroom Trivia with Prizes

Music will be a blend of Classic and Contemporary Ballroom

Chic Attire

Saturday, October 5th

Breakfast	7:30am – 9:00am	The Lodge
Hot Buffet Style Connect with old friends and meet new ones.		
Morning Dance Workshops Smooth Session	9:00am – 12:00pm	Alumni Hall
Lead by Louise Cote and Sam Bartlett		
Dance Assistance by Marjorie Bartlett		
<u>Bronze II III Foxtrot Amalgamations</u>	9:00am – 9:45am	
Advanced Beginner and Intermediate Combining basic rhythm with box timing.		
<u>All Levels Smooth Partnership Dance Lab</u>	10:00am – 10:45am	
Have fun elevating your dance to the next level. Use of beach balls and hoola hoops to experience a deeper understanding of partnership.		
<u>Silver Level and Above</u>	11:00am – 11:45 am	
Advanced Application of Smooth Foxtrot and Foxtrot Styling Learn a Silver Foxtrot sequence. Apply concepts from the Dance Lab to “color” any sequence with your own personal styling.		
Lunch	12:00pm – 1:30pm	The Lodge
Taco Bar with Chicken, Beef and Vegetarian Selections and Salad		
Afternoon Dance Workshops Rhythm Session	1:00pm - 4:15pm	Alumni Hall
Lead by Louise Cote and Sam Bartlett		
Dance Assistance by Marjorie Bartlett		
<u>Bronze II III Rumba Amalgamations</u>	1:00pm – 1:45pm	
Advanced Beginner and Intermediate Learn a Rumba sequence based on basic elements to make it feel like dancing instead of a step.		
<u>All Levels Rhythm Dance Lab</u>	2:00pm – 2:45pm	
Experiment with exercises, games, and tools to experience a better understanding of how rhythm partnership can work. Use these new tools to create fast sharp pops and stretchy slows.		

	3:00pm - 3:45pm	
<u>Silver Level and Above</u>		
Advanced Dynamics Workshop		
Use concepts from the Dance Lab to enhance one rumba and one cha cha pattern. Add dynamics that look and feel like a performance even on the social floor.		
Free Time	4:00pm – 6:00pm	
Go for a hike, enjoy the foliage from a canoe, or explore local attractions.		
Cocktail Reception	6:30pm	Veranda at The Lodge
Hors d'oeuvres and Cash Bar		
Dinner	7:00pm – 8:00pm	The Lodge
Prime Rib and Stuffed Haddock		
Vegetarian option upon request		
Cash Bar		
Saturday Ballroom Dance Party	8:00pm – 10:30pm	Alumni Hall
Sam and Marjorie will be your dance hosts.		
Foxtrot Mixer		
Showcase Performance		
Music will be a blend of Classic and Contemporary Ballroom		
Formal Attire		

Sunday, October 6th

Breakfast	7:30am – 9:00am	The Lodge
Hot Buffet Selections		
We're all friends now.		
Workshop Reviews	9:15am – 12:00pm	Alumni Hall
Louise Cote and Sam Bartlett will review Saturday's lessons.		
Dance assistance by Marjorie Bartlett		
Bronze II III	9:15am – 10:15am	
Silver Advanced	10:30am - 11:30am	
Open Practice	11:30am -12:00pm	
Closing Ceremony	12:00pm -12:05pm	Alumni Hall
Lunch	12:00pm-1:30pm	The Lodge
Assorted wrap sandwiches and salads		
Open Dance	1:00pm – 3:00pm	Alumni Hall
Music will be a blend of Classic and Contemporary Ballroom		
Casual Attire/Come as you are		
Departures and Farewells	3:00pm	

Local Attractions

Bacon Farm Maple Sugar House

[Bacon Farm Maple Products](#)

Henry Otis Bacon established Bacon Farm in 1881. Originally a dairy farm, each spring maple syrup was produced to supplement the dairy. Over six generations of farming have continued to produce this time-honored tradition. Come enjoy delightful maple sugar candy and syrup from their long-cultivated processes. Check website for hours.

Tree Spirits

[Tree Spirits of Maine](#)

Sample international award-winning spirits made right here in Maine. Their Absinthe Verte is the only Absinthe produced in New England and one of a few boutique absinthes produced in the US. There's also Pear Brandy, Apple Jack, Knotted Maple, Limoncello, and Orangecello liqueurs.

Blueberry Hill

[Blueberry Hill](#)

Drive up overlook of the Belgrade Lakes.

French's Mountain

[French Mountain Trail](#)

0.4 Mile Hike to the peak. Overlook of Belgrade Lakes.

Belgrade Village

[Belgrade Lakes Village](#)

Stroll the quaint shops and galleries along the lake.

The Paul J. Schupf Art Center

[Colby College Paul J. Schupf Art Center](#)

Downtown Waterville, ME. Explore the new art center and shops on Main Street.

Hathaway Mills Antiques

[Hathaway Mills Antiques](#)

Downtown Waterville, ME. Open Wednesday-Sunday 10:00am-5:00pm.

Emergency Services

Emergency Care

[Maine General ER Services](#)

Thayer Center Emergency Department

149 North Street

Waterville, ME 0490

207-872-1300

Alfond Center Emergency Department

35 Medical Center Parkway

Augusta, ME 04330

207-248-5000

Walk-In Urgent Care

[Northern Light Urgent Care](#)

Northern Light Inland Hospital

174 Kennedy Memorial Dr.

Waterville, ME 04901

207-861-6140