



**Camper and Parent  
Information Packet  
Core & Combo Sessions**

Dear Camper:

In a matter of weeks, you will arrive at New England Music Camp to begin an enriching and life-changing experience. We have created this packet to help you pack and prepare for NEMC. This packet includes our camp policies, what to pack, and much more!

**IT IS IMPERATIVE THAT YOU AND YOUR PARENTS PRINT AND READ THIS INFORMATION PACKET TOGETHER.**

**On May 1st**, after you have completed your final tuition payment, please login to your Accepted account and click continue. These forms must be completed for each registered child. We will send a reminder on that day!

- Travel Information
- Health Information (medical exam form can be downloaded and uploaded here) & Covid-19 Liability Waiver
- Camper/Parent Permissions and Policy Agreements
- Class Registration and Schedule

These forms should be completed and your medical exam form uploaded by **June 1<sup>st</sup>** for Core/Combo Session Campers.

We look forward to having you with us this summer, and we sincerely hope that this packet will aid your preparation for camp. We recommend that you keep this packet and refer to it often! If you have any questions or problems, please contact one of the Camp Directors.

Sincerely,

Kim and Matthew Wiggin  
Directors

Thea Hollman  
Associate Camp Director

## Things to do before coming to camp

1. Have a physical examination within 12 months of the start of camp.
2. Label **all** belongings, including clothes and bedding, with indelible ink or labels.
3. Instrumentalists should prepare a piece of music for camp auditions and be prepared to sight-read and play scales. No advanced preparation is required for choral auditions. Students auditioning for the Musical Theater Showcase will be asked to prepare a video for submission prior to June 1st. Details will be provided on the Course Registration Worksheet from the Registrar.
4. The following forms will be available in your Accepted account on May 1st, following complete tuition payment. We will notify you when the forms have opened. At that point you will login to your Accepted account and click continue:

- Travel Information
- Health Information & Covid-19 Liability Waiver (See documents attached)
- Camper/Parent Permissions and Policy Agreements
- Class Registration & Scheduling

**Campers are required to bring FOUR (4) Covid rapid tests with them.** These tests will be used during week one testing and in the event of the camper presenting any symptoms of Covid-related illness. If they are not used during the camper's stay, they will be returned before departure from camp. These tests are available for free from the US government through May 11, 2023 at <https://www.covidtests.gov/> Please order these soon, as they may take a few weeks to be delivered.

## Placement Auditions

All campers in the Core Session audition on the first full day of the session. Auditions are for the purpose of placing you in the appropriate groups and ensembles. Be prepared to play something you know well, and also be prepared to sight-read and play scales. Saxophone players should prepare a classical piece. See above for Choral and Musical Theater auditions. Be sure to bring sheet music with you for the audition.

## Housing

In fairness to all, **cabin assignments will be made strictly by chronological age. No exceptions will be made.** Effort will be made to avoid housing changes at mid-season for all full-season campers; however, some changes may be unavoidable.

## Camper Banking

**Campers will NOT BE PERMITTED to keep cash or valuables in the cabin.** This summer NEMC will be using Square as our Camper Banking System. Campers may either load money onto their NEMC Cards or they may bring debit/credit cards with them. Most campers deposit approximately \$100.00 per session into the NEMC Bank. Campers that load money onto their account will receive an NEMC debit card and use it for all money transactions. Camper debit cards can be used at the Canteen, Library, and Office for treats, music, personal items, and to withdraw money for off-campus trips. Balances over \$5.00 remaining in Camper Banking are returned to campers at the end of the camp session. We will send additional information regarding camper banking later in the Spring.

## Telephone

The office phone is not available for campers and staff except in an emergency. Public phones are available. We ask campers to make calls only when absolutely necessary, and to limit each call to five minutes. **Please note: the camp phones will be unavailable to campers for the first week at camp to allow them to immerse**

themselves in the camp experience. We ask that parents not call the camp office during this time. We will contact you with any concerns during that period. Remember, no news is good news! Following the first week of camp, Junior campers (four younger cabins) will have access to the phones on Monday/Wednesday and senior campers (four older cabins) will have access on Tuesday/Thursday. Phones will be open to all campers Friday-Sunday. Campers may not make or receive calls during any class or scheduled activity or after 7:30 P.M, except in case of an emergency and then only with the authorization of a Head Counselor or Camp Directors. **Cell phones are not allowed on campus for the Core Program.**

## **Drugs, Alcohol, Tobacco, and Vaping**

The possession and/or use of drugs, alcohol, tobacco, or vaping materials will result in the offending camper's **IMMEDIATE DISMISSAL** with **no refund of tuition.** All tobacco and vaping products are prohibited on camp grounds and at any related camp activity.

## **Community Service**

Community is at the core of NEMC's values. Because of this, every person at camp (campers, counselors, faculty, staff, and administration) will be responsible for contributing to the camp community throughout the summer. Community service tasks include assisting in the office, music library, canteen, at meals, concerts, etc. Everyone will participate in at least one community service task. If you attend a school where community service is required, you can bring any required forms and this can be applied to those hours.

## **Travel to Camp**

NEMC requires a Camper Travel form on file with the camp office regardless of whether you will arrive by car, plane, or bus. The **Camper Travel Form** can be found with other important forms in your Accepted account.

**Arrival at camp** – Registration at the Office begins at **12:00 PM for Core Camp** with one-hour time slots that must be selected on the travel form. Each time slot has a limited number of spaces, so if a time slot is not available, all slots have been filled and you will need to choose another slot. **Parents will not be allowed beyond the camp parking lot and camp office on opening day.**

**Departure from camp** – Campers must leave no later than **9:00 AM.**

## **Directions to NEMC**

NEMC is located at 8 Goldenrod Lane in Sidney, Maine, 04330.

### **From the North:**

- Take Route 95 South to exit 127 (ME-11/ME-137 toward Waterville/Oakland).
- Turn right on ME-11S/ME-137W/Kennedy Memorial Drive.
- After 0.7 miles, turn left onto Country Club Road.
- At the end, turn right onto Webb Road.
- After crossing over Middle Road, turn left onto ME-23S/Snow Pond Road.
- NEMC will be on your right after approximately 3.2 miles.

### **From the South:**

- Take Route 95 North to exit 112B to merge onto ME-11 N/ME-27 N/ME-8 N/Civic Center Drive/New Belgrade Road toward Augusta/Belgrade.
- After 4 miles, turn right onto ME-23 N/Pond Road.
- NEMC will be on your left after approximately 7.2 miles.

## NEMC Boston & Portland Chartered Bus

The NEMC bus will serve Portland - PWM Airport, Boston-Logan Airport and Boston South Station. Please read below for specifics on each location. Counselors will meet your campers at each location upon arrival.

### **BOSTON:**

**Arrival Day:** Your child MUST arrive in Boston no later than **1:00 pm on Saturday, June 24**. The bus leaves Boston at 2:00 pm to return to NEMC. The bus picks campers up at both Logan Airport and Boston South Station.

**Departure Day:** The bus leaves camp at 6:00 am and arrives in Boston at approximately 10:00 am on Sunday, July 23 for Core Campers and Monday, August 7 for Full Campers. Plan for your child to depart from Boston-Logan or Boston-South Station between 11:00 am and 2:00 pm.

### **PORTLAND:**

**Arrival:** Your child MUST arrive at Portland - PWM Airport **between 12:00 pm and 3:30 pm on Saturday, June 24**. The bus leaves PWM Airport at 4:30 pm to return to NEMC.

**Departure:** The bus leaves camp at 6:00 a.m. and arrives in Portland at approximately 7:30 am on Sunday, July 23 for Core Campers and Monday, August 7 for Full Campers. Plan for your child to depart from Portland **between 9:00 am and 12:00 pm**.

### **Important Information:**

**Campers may bring one large suitcase or duffle, an instrument and a carry-on bag on the NEMC bus. If you would like to ship any belongings, see shipping information below.**

**PLEASE MAKE SURE TO PAY YOUR CAMPERS AIRPLANE BAGGAGE FEES FOR BOTH ARRIVAL AND DEPARTURE FLIGHTS PRIOR TO CAMP!**

Fee: \$100 each direction to/from Boston and \$75 each direction to/from Portland. Reservations can be made on the travel form in your Accepted account.

**FOR ANY TRAVEL QUESTIONS, please contact our Travel Coordinator, Patti DeSorbo at: office@nemc.org. Please include "Travel Question: Your Camper's Name" in the Subject line.**

## Shipping Luggage

Round-trip or return shipping can be arranged online from The Mailing Center in Augusta, Maine at [www.mailingctr.com](http://www.mailingctr.com), through [lugless.com](http://lugless.com), or by using any independent shipping program like UPS, FedEx, or USPS. Shipped luggage must be sent prepaid **AT LEAST TWO WEEKS** in advance by UPS or motor freight. Clearly address each piece to your camper at the camp and **attach the label securely** to the luggage so that it cannot come off in transit. Items should be addressed as follows:

**CAMPER NAME  
NEMC  
8 Goldenrod Lane  
Sidney, ME 04330**

## Family Weekend, Weekend Concerts, & Visiting Camp

While families are encouraged to visit us on the weekends for our weekly concerts, one of the highlights of a session at NEMC is Family Weekend! Family Weekend 2023 will run from July 6-9. Events will begin with the **Thursday** night Student Recital and include our *Annual NEMC Pops Concert* on Friday, July 7 and a special concert with the incredible *Elton John Tribute: Yellow Brick Road*, which will feature some select NEMC Campers on Saturday, July 8. Family Weekend details and ticket information will be sent out later this spring.

If you plan to come to visit campus at any time, please bring proof of vaccination AND a negative covid test (PCR or Rapid) taken within 48 hours of arrival. For the safety of our entire camp family, which includes Faculty/Staff children unable to be vaccinated, we will not be able to welcome unvaccinated family members on campus this season.

Due to restrictions related to Covid-19 Safety, we will not have a Camper Leave Policy this summer.. If a student needs to leave campus for an emergency, it must be approved by the Camp Directors and upon reentry, the student is subject to retesting and quarantine.

### NEMC Electronics Policy

New England Music Camp offers a traditional summer camp experience in a rural setting. In keeping with those traditions and sound youth camping guidelines and practices, personal electronics are not permitted at NEMC. These include, but are not limited to: cell phones, smart phones, personal computers, tablet computers, and gaming devices. Mobile phones necessary for travel will be collected upon arrival at camp and returned upon departure.

**NOTE: NEMC campers may bring personal music listening devices, but they may NOT be smart phones or anything that can connect to WiFi. Campers will be asked to turn in their phones for the session. Please plan accordingly if you want to listen to music with a personal device.** All personal property is the responsibility of the camper, and as such, campers are not encouraged to bring any belongings to camp that they cannot afford to lose.

### **If it connects to WiFi, it is NOT permitted!**

Here is a list of accepted electronics:

- Metronome
- iPod Nano
- Variety of different MP3 players
- Cameras or Disposable Cameras

\*Students are encouraged to bring playing cards, books, fidgets, stationery for letters, journals, small crafts (friendship bracelets, beads, etc.), Kindle Paperwhite, FM radios with headphones, and other non-electronic games to camp.

## NEMC Camper Social Media Policy

New England Music Camp views social networking sites (e.g., Facebook, Instagram, TikTok etc.), personal Websites, and Weblogs positively and respects the right of campers to use them as a medium of self-expression. When a person chooses to identify himself or herself as a camper of NEMC on the internet, readers may view the camper as a representative or spokesperson of the camp. Therefore, NEMC requires, as a condition of participation in the camp, that campers observe the following guidelines when referring to the camp, its programs or activities, its campers, and/or other employees, in a blog or on any social networking website.

- Campers must be respectful in all communications and blogs related to or referring to the camp, its campers, and/or other employees.
- Campers must not use blogs, websites, or social networking sites to disparage the camp, campers, or employees of the camp.
- Any photos or messages that are linked or “tagged” from “friends” and attached to your site(s) or profile(s) that are inappropriate must be removed.
- Campers must not post photos taken anywhere at camp that are inappropriate or break camp rules.
- Campers must not use blogs, personal websites, social media messaging platforms, or social networking sites to harass, bully, or intimidate employees or campers. Behaviors that constitute harassment and bullying include, but are not limited to: comments that are derogatory towards race, religion, gender, sexual orientation, color, or disability; sexually suggestive, humiliating, or demeaning comments, and/or the sharing of personal information, without consent.
- Campers must not use blogs, personal websites, social networking sites, or any other form of online communication to discuss engaging in conduct that is prohibited by camp policies, including, but not limited to: the use of alcohol and drugs, sexual behavior, sexual harassment, inappropriate language, and bullying.
- The use of our copyrighted camp name or logo is not allowed without written permission. This includes the creation of websites, blogs, Facebook Pages, Twitter accounts, and/or any other internet properties.

**Any camper found to be in violation of any portion of this Social Networking and Blogging Policy will be subject to immediate disciplinary action, up to and including dismissal from camp, and/or appropriate legal action.**

## Health, Safety and Welfare

A Basic Health and Accident Insurance policy, which is to be supplemented by your insurance, will be provided by NEMC. The policy and group number of your provider **must** be listed on the health form.

We require you to have a physical examination within twelve months of your arrival at camp. The health form **must be uploaded to your camper account by June 1, for Core & Combo Camper. If the health form is not received by the start of camp, campers will not be allowed to stay on campus.**

As a reminder, NEMC requires proof of vaccination, including all eligible boosters in order to attend the NEMC season. If a camper is unvaccinated due to medical and/religious reasons, they must submit a vaccination waiver before June 1 along with all accompanying documentation. These waivers can be found on the NEMC Covid Protocol page on the camp website or by using the link below in the links section of this packet.

If you have been under the care of a mental health professional within the last three years, the treating physician or clinician must send a letter to the Camp Director by June 1 verifying your ability to be successful in the camp setting in order to facilitate your adjustment to camp. This is mandatory..

Please note: All information will be treated confidentially.

**If you take prescription or over-the-counter medications, please properly label and bring enough for your stay at camp. All medications will be deposited in the camp health center and dispensed by the camp nurses.**

**VERY IMPORTANT:** Hospitals and doctors will refuse to treat you without parental permission. Therefore, one of your parents **MUST** sign the authorization for treatment on the health form.

**NOTE: All camper families MUST sign the Covid-19 Liability Waiver.**

## Payment Schedule

You have agreed to terms for your payment schedule. Please follow them, and make sure that all balances, including extra fees are paid in full. Final payment is due May 1 for Core Campers and May 15 for Combo Campers. In addition, you can add the camper banking money on the NEMC website prior to camp and skip a step in the registration line. We will send instructions to do this later in the Spring. Transportation and additional lesson fees will be added to your accounts at a later date.

Please direct any questions about payment to Cathy Kennard at 207-465-3025 ext 210, or [cathy.kennard@snowpond.org](mailto:cathy.kennard@snowpond.org)



## What to Bring

**Label everything indelibly!** The camp is not responsible for lost or missing items. **Clothes and other belongings left behind at the end of camp cannot be sent to you.** The detailed packing checklist provided in this packet is intended to help you pack and collect your belongings before you leave camp.

### Personal Property:

**Cell phones, tablets, and personal computers are not permitted during camp.** If you travel with a cell phone, you will have to turn it in upon your arrival at camp. Personal sports equipment is permitted for the sports we offer, but it is the responsibility of the camper. All personal archery equipment will be stored with similar camp equipment. All other personal belongings are the responsibility of the camper, and are brought to camp at their own risk. We do not lock our cabins during the regular camp operation.

### Musical Supplies:

- **All campers** – current method books and solos, metronome, tuner, pencils
- **String players** – mutes, extra strings, rosin
- **Brass players** – straight mutes (cup and Harmon mutes if you intend to be in Jazz groups)
- **Reed players** – extra reeds (Vandoren single reeds recommended), reed-making tools for double-reed players
- **Percussionists**
  - A pair of concert snare sticks
  - A pair of drumsticks and brushes (if you want to play set)
  - A pair of xylophone/glock mallets (hard plastic)
  - A pair of yarn mallets for marimba/vibraphone
  - A pair of general timpani mallets
- **Vocalists/Musical Theatre** – bring sheet music for any pieces you are currently studying. All music should be in a three ring binder, prepared for accompanists. A detailed list for all voice students will be sent by June 1.

### Miscellaneous:

Check the attached calendar of events. As you pack for camp, please consider the "special events" so that you arrive prepared. For example, you may want to "get your act together" and bring certain equipment for the talent show, drama presentations, carnival, and square dance. We will also be hosting a "School Spirit" day, so bring items of clothing from your current school to show your school pride!

### CLOTHING/ATTIRE:

Laundry is sent weekly, and returned the following day. All campers will have dresser drawers and closet space to properly store clothes.

### Daily Dress:

- Appropriate informal daily attire can include sneakers, jeans, shorts, T-shirts, etc.
- Jacket, sweaters, sweatshirts for cool evenings
- Swimsuits – **all** campers are encouraged to take a swim test
- Rain gear: waterproof shoes or boots, waterproof jacket, umbrella
- Face Masks – please bring at least TWO

### Required Concert Dress for Weekend Performances:

- Students will wear black on bottom and white on top
  - Please consider the following options:
    - black slacks, black skirt (comfortable sitting length)
    - white blouse, white button-up, white collared shirt

- black socks, black shoes, black belt
- Please avoid:
  - Sneakers, sandals, t-shirts, white socks, athletic clothes, leggings

**Evening Recital Dress** (1-2 times per week):

- Dressy casual attire including:
  - polos, slacks, skirts, summer dresses, capris, dress/golf shorts
  - nice sandals, boat shoes, dress shoes
    - Please avoid: athletic wear, pajamas, jeans, athletic shoes

**Formal/Dressy Attire** (Final week of each session)

- Formal or semi-formal dresses or slacks
- Suit or sport coat and tie
- Anything you are comfortable in for a formal event

***NEMC dress code is non-gendered.***

***Our goal is for all campers to be themselves and feel comfortable!***

**Linens**

- Towels and washcloths (2 bath towels, 2 beach towels, 2 hand towels)
- 2 sets of sheets (camper beds are twin size)
- 1 pillow
- 2 heavy blankets (Night temperatures often descend into the low 50s) Campers are not allowed to use sleeping bags except as outside bed covers.
- **Sturdy** laundry bag that **closes securely** (clearly labeled on the outside with camper's name). Laundry is sent in these bags weekly to a commercial laundry. Items that are not labeled will not be returned.

**Other Essential Items**

- 2-3 Face Masks
- Water Bottle
- Sunscreen
- Insect Repellent
- Umbrella
- Flashlight
- Watch
- Tissues
- General Toiletries
- Hand Sanitizer

*(See detailed packing checklist attached or located in the Camp Info Tab on the NEMC website for more information)*

## NEMC CAMPER PACKING CHECKLIST

CAMPER NAME: \_\_\_\_\_

- Paste this checklist to the lid of your footlocker or suitcase/duffle.
- Label all items with a laundry pen or indelible ink.
- Laundry is sent once each week and returned the next day. The first week is 9 days so plan accordingly! Intensives/Prelude: you MUST sign up for laundry if you would like it mid-session.
- See “What to Bring” in the Parent/Camper Packet for detailed descriptions on performance and recital attire.
- While packing, please note the NEMC electronics policy and the concert/recital dress code.

	To Camp	To Home		To Camp	To Home
<b>CASUAL/DAILY WEAR</b>			<b>FOOTWEAR</b>		
T-shirts & Tank Tops (7 regular, 7 sport)			Performance Shoes (Black Dress Shoes)		
Shorts (5-7 regular, 5-7 sport)			Sneakers		
Jeans/long pants (2-3)			Sport Sandals		
Swimsuits (2-3)			Dress Sandals		
Underwear (14)			Rain Boots		
Socks (10 sport, 4 dress)			Dress Shoes		
Sleepwear (2 pair)					
(1-2) Sweatshirts/Sweatpants			<b>LINENS</b>		
Waterproof Jacket			2 Beach Towels		
Sweaters			2 Bath Towels		
Bras/Sports Bras (5-6)			2 Hand Towels		
<b>PERFORMANCE DRESS</b>			2 Washcloths		
<b>EVENING RECITAL DRESS</b>			2 Sheet Sets (Twin)		
2-3 Sets			2 Pillowcases		
<b>FORMAL ATTIRE</b> (banquet)			3 Blankets		
1 Set			Pillow		
<b>TOILETRIES</b>			<b>ESSENTIALS</b>		
Tissues			Face Masks (2-3)		
Toothbrush			Sunscreen		
Toothpaste, Floss			Bug Spray		
Body Soap			Water Bottle (2)		
Shampoo/Conditioner			Watch		
Shower Shoes			Flashlight		
Deodorant			Laundry Bag (2)		
Shower Robe			Umbrella		
Shower Basket			Camera		
Glasses/Contacts			Backpack		
Hand Sanitizer			Small Fan		
At-Home Covid-19 Testing Kit (4 tests)			Metronome		
			Pencils		

**TESTING SUPPLIES:** We are also asking that all campers bring four Covid rapid antigen tests with them to camp, as we do not have the availability of free tests from the state of Maine this year. These tests are available for free through May 10, 2023 from the government and possibly through your health insurance. Please allow enough time for shipping prior to coming to camp. This is the link to order through the government program: <https://www.covidtests.gov/>

**MUSIC SUPPLIES:** Our library carries some items and has the ability to order music and supplies but we recommend that you bring items you use regularly to camp. Mute, metronome, tuner, pencils/sharpener, binder, strings, music, cork grease, accompaniment, etc.

# NEMC Core Session 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				June 22	23	24
				Faculty Arrive	<i>Faculty Reception</i>	<b>Opening Day!</b> Cabin Orientation Snow Pond Chamber Players Square Dance
25	26	27	28	29	30	July 1
9-12 Auditions & Theory Tests  PM - Rehearsals and Swim Tests <b>Dual Cabin</b>	<i>Classes Begin!</i>  <b>Camper Games</b>	<b>Counselor</b>  <b>Recital</b> (Bowl)	<b>Cabin</b> Activities	<b>Faculty</b>    <b>Recital</b>	<b>Quad Cabin</b>	<b>Concert 3:00</b> <i>(Symphonic Groups)</i>    <b>Campfire</b>
2	3	4	5	6	7	8
<b>TRIP DAY</b>  <b>Movie Night</b>	<b>Optional</b> Activities	All- Camp Photo  <b>Carnival</b>	<b>Faculty</b>  <b>Recital</b>	<b>Student</b>  <b>Recital</b>	   <b>POPS CONCERT</b> <b>7:30</b> <i>(Symphonic Groups)</i>  Parents	<b>CONCERT</b> <b>2:00</b> <i>(Concert Groups)</i> <b>Yellow Brick</b> <b>Road</b> Weekend
9	10	11	12	13	14	15
<b>Field Day</b>  Movie	<i>School Spirit Day!</i>  <b>Quad Cabin</b>	<b>Faculty</b>  <b>Recital</b>	<b>Talent Show</b>	<b>Student</b>  <b>Recital</b>	<b>Picnic Concert</b> <b>6:00</b> <i>(Concert Groups)</i>    <b>Cabin Activities</b>	<b>Concert 3:00</b> <i>(Symphonic Groups)</i>    <b>DJ Dance</b>
16	17	18	19	20	21	22
<b>Olympics</b>  Movie	<b>Song Comp</b>	<b>Student</b>  <b>Recital</b>	<b>Musical</b> <b>Theater</b> Showcase	Area Recitals (afternoon) <b>Student Recital</b> <i>Concerto</i>	<b>Concert 3:00</b> <i>(Concert Groups)</i>    <b>Banquet</b>	<b>Concert 3:00</b> <i>(Symphonic Groups)</i>    <b>Campfire</b>  Candlelight

# NEMC Intensive/Prelude Session 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 23	24	25	26	27	28	29
Core Camp Ends  Counselor Night Off	Intensives Begin  Square Dance	<i>Program Orientation</i>  Dual Cabin	Camper Games	Optional Activities	Lip Sync Battle	CMI/Comp Collaboration Rehearsals  Professional Workshops
30	31	August 1	2	3	4	5
CMI/Comp Collaboration Recordings  Campfire	Trip Day  Movie	Optional Activities	Faculty ♫ Recital	Optional Activities	<i>CMI Recital # 1- 3:00</i>  <i>CMI Recital # 2 - 7:00</i>  <i>Jazz Recital - 9:00</i>	Prelude Concert 2:00  <i>CMI Recital #3 - 3:00</i>  <i>Musical Theater Showcase - 8:00</i>
6	7	9	10	11	12	13
Showcase Concert 3:00 Formal Dinner Campfire & Candlelight	Intensives End  Depart by 9:30 AM	BYSO Arrives				

Camper Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Healthcare recommendations by licensed healthcare provider for \_\_\_\_\_  
Name of camper

This examination report page is to be completed and signed by the participant's primary care provider. It must be based on an exam completed during the school year prior to the beginning of camp.

Date of exam \_\_\_\_\_

Blood pressure \_\_\_\_\_ Weight \_\_\_\_\_ Height \_\_\_\_\_

In my opinion, the applicant  is  is not able to participate in an active camp program.

The camper is under the care of a physician for the following condition(s) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Active treatment at the time of this report includes \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Recommendations and restrictions for camp program  
Treatment to be continued at camp \_\_\_\_\_  
\_\_\_\_\_

Medications to be administered at camp (name, dosage, frequency) \_\_\_\_\_  
\_\_\_\_\_

Any medically-prescribed meal plan or dietary restrictions \_\_\_\_\_  
\_\_\_\_\_

Known allergies \_\_\_\_\_  
\_\_\_\_\_

(Note: Allergy desensitization treatments will only be permitted with a doctor's written order)  
Description of any limitations or restrictions of camp activities \_\_\_\_\_  
\_\_\_\_\_

Additional information for the camp health care staff \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**• Please include a copy of immunization record with this form**

Signature of licensed healthcare provider \_\_\_\_\_ Date \_\_\_\_\_  
Printed Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_  
Street address City State Zip Code

New England Music Camp - Permission to Treat

Campers Name: \_\_\_\_\_  
  *Last*  *First*  *Middle*

Home Address: \_\_\_\_\_  
  *Street*  
\_\_\_\_\_  
  *City*  *State*  *Zip Code*

**Medical Permissions**

*Permission to provide necessary treatment or emergency care: I hereby give permission to the medical personnel selected by the camp director to order x-rays, routine tests or treatment; to release any records necessary for insurance purposes; and to provide or arrange related transportation for me or my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips outside of camp.*

*I also understand and agree to abide by the restrictions placed on my camp activities.*

*Parent/Guardian Authorization: The health history (provided in camper account) is correct and complete as far as I know, and the person herein described has permission to engage in all camp activities except as noted.*

Parent or Legal Guardian Name (Print): \_\_\_\_\_

Parent or Legal Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## New England Music Camp 2023 — COVID-19 Liability Waiver

Check in will begin with the health screening and submission of negative covid-19 from within 24 hours arrival. No family members may go beyond the camp parking lot and canteen area at any time during opening day and no camper may go beyond said area until they've been cleared to come onto campus. Once cleared, campers will be able to check-in to their cabins with their counselors.

All campers MUST come with a negative covid test (PCR or antigen) from within the 24 hours of arriving on campus or they may do a test upon arrival. All campers are also asked to bring with them FOUR (4) at-home rapid tests in the event that they are needed during the camp session.

We ask that you read the following procedures carefully, and plan to adhere to them as stated. The health and safety of our entire camp family is the most important factor in developing and implementing these procedures, and we greatly appreciate your compliance with them.

In response to the current outbreak of Covid-19 throughout Maine, America, and the world, the following procedures will be in place:

- Full Covid-19 Safety Protocols have been provided and reviewed. These can be found on the camp website.
- Any camper that has exhibited symptoms of fever, cough and/or shortness of breath, or has known exposure to the Covid-19 virus within 10 days prior to scheduled arrival at camp must delay their arrival. Please communicate directly with camp administration should you need to delay your arrival for any of the above reasons.
- All campers will be screened at the start of the check in process at NEMC. This screening will include: questions about fever, cough, shortness of breath, and possible exposure to the Covid-19 virus, as well as submission of negative test. Additionally, travel history and temperatures may be taken.
- Any camper with an elevated temperature or other symptoms will be subject to removal from camp until symptoms have abated and the camp nurses have documented the health of the camper or staff member. The NEMC health center staff and camp directors will collaborate with the staff member or camper and family if quarantine or removal from camp is required.
- All campers agree to bring four (4) at-home covid tests to be used if needed during the camp session.
- Should Covid-19 positive cases arise on campus, NEMC will not be held liable.

I have read and agree to the protocols above concerning New England Music Camp's policies for the COVID-19 virus.

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Print Camper Name

\_\_\_\_\_

Date

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Print Parent/Guardian Name

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Signature Parent/Guardian