



SNOW POND

NEW ENGLAND ADULT MUSIC CAMP

Covid Guidelines 2024 New England Adult Music Camp

Dear NEAMC Camp Participants and Faculty,

We have changed our Covid Guidelines based on the 2024 C.D.C guidelines (*Centers for Disease Control and Prevention*). Please, read the following guidelines that will be followed during our camp week.

Covid vaccinations and proof of Covid negative status are no longer mandatory to attend Camp.

- Covid testing is up to the individual
- NEAMC will no longer be providing free Covid testing during camp

If you develop symptoms of an upper respiratory illness including fever, or sneezing, or coughing, or shortness of breath, or flu like symptoms including extreme fatigue:

- Notify the Camp Director immediately
- Notify your roommates and close contacts immediately
- Isolate yourself in your room
- Resume daily activities if you have been **fever-free** for at least 24 hours without the aid of medications (Tylenol etc.) and if your symptoms are improving
- Covid testing is optional (bring your own test or go to the closest pharmacy to get tested)

After isolation:

- Acknowledging that people can be contagious even without symptoms, the C.D.C. urges those who end isolation to limit close contact with others, wear well-fitted masks, improve indoor air quality and practice good hygiene, like washing hands and covering coughs and sneezes, for five days.

If you are diagnosed with Covid in the week leading up to camp, we ask that you only attend camp if you test negative twice:

- one day prior to camp
- on the date of the start of the camp

In the event that a large Covid/Respiratory outbreak occurs during camp: Despite all precautions and good behavior, we may still face a large outbreak. In that case, the Director will decide which music and social activities may have to be canceled. None of us want this, but we must protect each other.

Thanks for all your efforts to protect one another. Let's all stay healthy!!